

Brian J. White, MD
Board Certified Orthopaedic Surgeon
Specialist in Disorders of the Hip
Western Orthopaedics
www.labralreconstruction.com

Employment:

8/08-Present **Western Orthopaedics** Denver, CO
Director of the Hip Restoration Institute, Swedish Medical Center, HCA
Assistant Orthopaedic Surgeon for the Denver Nuggets 2008-2016
Education and New Product Consultant Smith and Nephew, Zimmer Biomet and Allosource

Education:

Post Graduate:

8/07-8/08 **Steadman-Hawkins Research Foundation** Vail, CO
Fellowship in Sports Medicine-Knee, Hip and Shoulder Arthroscopy

6/02-6/07 **Hospital for Joint Diseases/New York University** New York, NY
Residency in Orthopaedic Surgery
Trauma Rotation-R Adams Cowley Shock Trauma Center 11/05-2/06

Medical:

8/98-5/02 **Georgetown University School of Medicine** Washington, DC

Undergraduate:

8/94-6/98 **Washington and Lee University** Lexington, VA BA
Chemistry-graduate Magna Cum Laude, Sigma Chi social fraternity

Secondary Education:

8/90-6/94 **Brandywine High School** Wilmington, DE
Varsity Soccer and Lacrosse-Honorable Mention All-State Lacrosse

Honors: Residency:

NYU/HJD Senior Resident Research Award 2007
NYU/HJD Senior Resident Teacher of the Year Award 2007

Medical School:

Alpha Omega Alpha National Medical Honor Society, 2001

Undergraduate:

Phi Beta Kappa, June 1997
Alpha Epsilon Delta-Premedical Honor Society, 1996
Phi Eta Sigma-Freshman Honor Society, 1995

High School:

Valedictorian, Brandywine High School 1994

Publications:

1. White, Constantinides, et al. “Arthroscopic Labral Reconstruction in Patients over 60 Improves Patient Reported outcomes at a minimum of 2-year follow-up.” In submission Journal for Hip Preservation.
2. White, Constantinides, et al. “Failed labral reconstruction of the hip can be revised to another labral reconstruction: improved patient-reported outcomes at a minimum of 2 year follow-up.” Journal for Hip Preservation. October 2024. Open Access.
3. White, Constantinides, et al. “Treatment of Severe Pincer-Type Femoroacetabular Impingement with Arthroscopic Significant Acetabular Rim Correction and Circumferential Labral Reconstruction improves patient-reported outcome measures.” Arthroscopy: The Journal of Arthroscopic and Related Surgery. Vol 39, No 1. January 2023. Pp 41-50.
4. White, Constantinides, et al. “Allograft Labral Reconstruction of the Hip: Expanding Evidence Supporting Greater Utilization in Hip Arthroscopy.” Current Reviews in Musculoskeletal Medicine. 2022.
5. White, Herzog. “Arthroscopic Labral Reconstruction of the Hip: A Decade of Growing Evidence and Technical Evolution.” Techniques in Orthopaedics. 36 (3): 222-228. September 2021.
6. White, Herzog, et al. “Hip Arthroscopy in Patients Aged 40 Years and Older: Greater Success with Labral Reconstruction Compared with Labral Repair.” Arthroscopy: The Journal of Arthroscopic and Related Surgery, Vol 36, No 8. (August), 2020: pp 2137-2144.
7. White, Herzog, et al. “Bilateral Hip Arthroscopy: Direct comparison of Primary Labral Repair to Primary Labral Reconstruction.”. Arthroscopy: Journal of Arthroscopic and Related Surgery. Vol 34, No 2. (February), 2018: pp 433-440.
8. White, Herzog, et al. “Revision Hip Arthroscopic Labral Treatment: Repair or Reconstruct”. Arthroscopy: Journal of Arthroscopic and Related Surgery. Vol 32, No 12. December 2016. 2513-2520.
9. White, Herzog, “Hip Pain after a Femoral Fracture: It is not always related to the Implant.” Vol 39, No 6. Orthopaedics. 2016.
10. White, Herzog. “Arthroscopic Labral Reconstruction of the Hip using Iliotibial Band Allograft and Front-to-Back Fixation Technique.” Arthroscopy Techniques, Vol 5, No 1. February 2016, pages e89-e97.
11. White, Herzog, et al. “Allograft use in Arthroscopic Labral Reconstruction of the hip with Front-to-Back Fixation Technique: Minimum of 2 year Follow-up.” Arthroscopy: The Journal of Arthroscopic and Related Surgery, Vol 32, No.1. January 2016: pages 26-32.
12. White B, Herzog M. “Labral Reconstruction: When to perform and how.” Frontiers in Surgery-Open Access Journal. July 2015- Vol 2, Article 27.
13. Matsuda Bham, White B, Matsuda N Safran. “Anchor-Induced Chondral Damage in the Hip.” Journal of Hip Preservation. 2015.
14. White B, Epstein D, Sanders S, Rokito A. “Acute Acromioclavicular Joint Injuries in Adults.” Orthopedics. 2008. 31 (12). 1219-1226.
15. White B, Sherman O. “Patellofemoral Instability.” Accepted for Publication in The Bulletin for the Hospital for Joint Diseases. 2009.

16. White B, Walsh M, Egol K, Tejwani N. “Reduction and Patient Comfort Following Closed Reduction of Ankle Fracture Dislocations: A Prospective Randomized Trial Comparing Intra-Articular Block with Conscious Sedation.” JBJS Am. April 2008. 90A (4) 731-4.
17. Schachter A, White B, Namkoong S, Sherman O. “Revision Reconstruction of Pectoralis Major Rupture using Hamstring Autograft: A case report.” AJSM 2006. 34(2) 295-8.

Presentations:

1. AAOS 2023. Technique Presentation on Labral Reconstruction and Ligamentum Teres Reconstruction.
2. Vail Hip Symposium. Presentations on Allograft Labral Reconstruction and Ligamentum Teres Reconstruction. Multiple years: 2011-2017 and 2022.
3. International Society for Hip Arthroscopy Meetings. Multiple Lectures on Labral Reconstruction and Ligamentum Teres Reconstruction: Cambridge, England 2016, San Francisco, CA 2017, Madrid, Spain 2019, Las Vegas, NV 2021, Glasgow, Scotland 2022, Washington DC 2024 (eposter).
4. Arthroscopy Association of North America. Chicago 2018-Lead Instructor Masters Hip Course, Las Vegas 2016-Labral Reconstruction Lecture.
5. My Hip Labral Reconstruction Course for Surgeons with Smith and Nephew. Denver, Colorado. Annually 2015- Present.
6. OSET-Orthopaedic Summit for Evolving Techniques. 2017. Lecture on Labal Reconstruction.

Orthopaedic Activities:

Assistant Team Orthopaedic Surgeon Denver Nuggets: 2008 to 2016
Official Hip Physician for the players
Assistant Physician for US Ski team: Winter 2007-2008
Assistant Team Physician Battle Mountain and Eagle Valley High School Football
Fall 2007
Silver Service Foundation: Pediatric Orthopaedic Mission to Buga, Columbia.
May 2007.
NYU/HJD: Resident Education Committee 2007
The New York Mets: Stadium Staff physician for New York Mets Baseball
Games. June 2004-September 2004
New York City High School Football: Staff physician responsible for
Football game coverage. August 2003-2007
Alvin Ailey Dance Theatre: Staff physician Dec 2003-2007